



**Healing at the Intersection:  
Grief and Trauma Therapy Certification  
Presented by the Wendt Center  
Information for 2021 Cohort**

Please read the following information carefully *before* completing an application:

**Program Description**

Mental health clinicians have the privilege of supporting clients through the worst moments of their lives. Unfortunately, recent research has revealed that traumatic events are all too common and individuals recovering from these events have limited access to high-quality mental health support. A deep understanding of the impact of grief, trauma, and the intersection of both is crucial for effective practice. The Wendt Center's Certificate Program in Grief and Trauma Services will provide clinicians with the advanced theory and skills necessary to provide high quality care to those who have experienced loss and trauma. The sessions are grounded in theory and provide opportunities for skill building with real-time coaching to gain confidence and competence in grief and trauma services. The program equips mental health clinicians with the tools needed to bear witness to and support their clients on the journey to healing.

The target audience for this program are mental health clinicians with at least 5 years of direct service experience. The content level is advanced. Upon completion of the program, participants will be able to:

- Describe the process of both grief and trauma and how this can differ based on type of loss/trauma and individual,
- Identify the physiological impacts of grief and trauma in their clients,
- Demonstrate an ability to provide a safe environment for clients and teach stabilization techniques to address distressing arousal states,
- Utilize interventions for assisting clients in remembering loved ones who have died and process traumatic memories,



- Articulate ways in which post-traumatic growth and integration can be pursued with clients.

Sessions will be led by **Katherine Hatch, LICSW**, Grief and Trauma Psychotherapist at the Wendt Center for Loss and Healing. Katherine has over ten years of experience providing direct social work services to individuals, families, and youth with a specific focus on grief and bereavement support. She came to her passion for grief work via a career in palliative care and hospice, serving as a medical social worker in multiple hospice organizations throughout the country, including Colorado, Oregon, and Maryland. After managing a Bereavement Program for Holy Cross Hospice in Maryland, Katherine transitioned to the Wendt Center, where she delivered both individual and group therapy services and provided supervision to graduate-level clinicians. In 2019, Katherine started Grounded Grief, a grief-focused therapy practice serving individuals in Oregon, DC, and Maryland. She currently works with the Wendt Center for Loss and Healing as a Lead Trainer for **Healing at the Intersection: Grief & Trauma Therapy Certification** Program.

All sessions will be facilitated in a virtual format for the entirety of the cohort. Participants will be expected to have access to technology that allows for audio and video participation. Active participation in breakout rooms, chat and white board features is required.

### **Program Dates and Agenda**

The program consists of six two-day sessions across six months. All sessions take place on a consecutive **Thursday and Friday, 10:00am-6:00pm (ET)** both days with an hour for lunch and breaks in both the morning and afternoon.

Dates and topics of sessions:

1. **March 25 & 26, 2021:** Self as Intervention in Grief and Trauma
2. **April 22 & 23, 2021:** The Grief and Trauma Relationship
3. **May 20 & 21, 2021:** Tending to Suffering: Safety & Stabilization
4. **June 10 & 11, 2021:** Tending to Suffering: Intervening in Grief & Trauma



5. **July 22 & 23, 2021:** The Story of Grief & Trauma
6. **August 12 & 13, 2021:** Integration and Growth

A more detailed agenda for each session will be made available to participants upon acceptance into the program.

Participants are required to attend all six 2-day sessions in their entirety. All sessions take place in a virtual format. Should a participant miss one two-day session, they will be allowed to attend that session in the next cohort. However, completion of all six sessions are required to obtain a certificate of completion and continuing education credit.

#### **Cost and Continuing Education Information**

The total cost to participants is **\$2,640.00**. This includes all materials necessary for six two-day sessions and the provision of **70 continuing education credits** (a cost of \$2,400.00) as well as required group consultation, which costs an additional \$240.

Continuing education credits will be provided to all participants upon completion of an electronic survey and attestation of attendance after each two-day session. Participants will be emailed a link in order to complete these requirements and will be sent their continuing education units by email within two weeks of completion of this survey and attestation. Participants must complete the survey in the specified time to receive the CE credits.

*Wendt Center for Loss and Healing Training Institute, ACE Provider Approval Number 1737 is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Wendt Center for Loss and Healing Training Institute maintains responsibility for this course. ACE provider approval period: March 13, 2020 – March 13, 2021.*



*Social workers completing this course receive a total of 70 continuing education credits.*

### **Acceptance and Certification Process**

All applications must be received by **5:00pm on Wednesday, February 10 , 2021**. Participants will be selected to participate in the certification program after a review of their application and supporting materials by a panel of Wendt Center clinicians and trainers. The panel will choose applicants who they determine to have the experience and training necessary to engage with the advanced level of coursework in the certification program. Participants will engage in two-hour group case consultation sessions with their cohort across the six month training period. This process ensures that participants receive the support and coaching to implement the skills learned in the sessions with confidence and competence. It also affords ongoing learning and a natural networking opportunity for the participant. Finally, participants will be required to complete a multiple-choice knowledge-based assessment.

Certificates of completion will be provided only to participants who attend all six two-day sessions, obtain a passing score on a knowledge assessment, and participate in eight two-hour group consultation sessions.

### **Payment Process and Refund Policies**

An initial non-refundable application fee of \$50 will secure a spot pending acceptance into the program. If accepted into the program, this fee will be applied to the first tuition payment. Tuition, including group consultation fees, can be paid in one lump sum or spread over three payments. The **first \$880 payment is due by March 15th**; the **second payment of \$880 is due by May 1<sup>st</sup>**; and the **third payment of \$880 is due by June 15<sup>th</sup>**. Payments can be made via credit card or check. Refunds are available up to 30 days of the start of the program less a \$50 administrative fee.

The Wendt Center follows the Federal Government for inclement weather closures. Should the Federal Government be closed due to weather the session



(or individual day of a session) will be rescheduled. In the event that the Federal Government has a delayed opening, the session will start on time, as scheduled.

### **Additional Policies**

The Wendt Center seeks to ensure equitable treatment of every person and to make every attempt to resolve grievances and provide accommodations in a fair and transparent manner. Therefore, we are eager to address any needs for accommodations, complaints about course content, speakers, facilities, non-receipt of certificates, and any other occurrences.

The Wendt Center's training facilities are handicap accessible. Individuals needing additional special accommodations can contact the Director of Training, Melissa Sellevaag at [msellevaag@wendtcenter.org](mailto:msellevaag@wendtcenter.org).

To submit all other grievances, please send a written summary of the incident to Emily Prusator, LICSW at [eprusator@wendtcenter.org](mailto:eprusator@wendtcenter.org). All grievances will be documented and actions taken to address any grievances will be recorded. These records can be made available to the ASWB ACE program for review upon request. Grievances will receive, to the best of our ability, corrective action in order to prevent further problems. A copy of this policy is available on promotional material and upon request.

Training and consultation provided by the Wendt Center is distinguishable from clinical supervision in that the provider is in no way responsible for the welfare of any clients that are discussed in sessions or consultation. This responsibility for clients remains with the individual trainee/clinician and their supervisor(s)/agency.